

EWG'S 2023

# DIRTY DOZEN™

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|-----------------------------------|-----------------------|
| 1. Strawberries                   | 7. Apples             |
| 2. Spinach                        | 8. Grapes             |
| 3. Kale, Collard & Mustard Greens | 9. Bell & Hot Peppers |
| 4. Peaches                        | 10. Cherries          |
| 5. Pears                          | 11. Blueberries       |
| 6. Nectarines                     | 12. Green Beans       |



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# CLEAN 15™

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|--------------------|--------------------|
| 1. Avocados        | 9. Kiwi            |
| 2. Sweet Corn      | 10. Cabbage        |
| 3. Pineapples      | 11. Mushrooms      |
| 4. Onions          | 12. Mangoes        |
| 5. Papayas         | 13. Sweet Potatoes |
| 6. Sweet Peas      | 14. Watermelon     |
| 7. Asparagus       | 15. Carrots        |
| 8. Honeydew Melons |                    |

